

Private

10 great ideas for fundraising for you, family and friends. My Life Films is aiming to fundraise enough during Dementia Action Week (21-27 May) to help a further 15 people living with dementia benefit from our free life films. Your help could make the difference, please feel free to be creative and create your own fundraising events. Contact Adam on adam@mylifefilms.org for more information and fundraising content.

1) **Film Night.** Grab some blankets and film snacks to turn your front room into a cinema! You could ask family and friends to vote on which film they'd most like to watch, then charge for entry and all-you-can-eat access to the snacks.

2) **Bingo.** Organise a bingo night and charge all of the entrants a fee to take part. Split the entry money, then give some to the winner and some to charity.

3) **Run a Race.** Set yourself a challenge and run a race for My Life Films. From 5k to Marathon My Life Films have access to some of the UK's top races, please contact Adam on adam@mylifefilms.org for more information.

4) **The Great Bake-off.** Everyone loves munching on cake and we bet there are several people in your family and friend circle who love baking it too! Set a date for your bake-off. Set a date and invite all your friends over for a Bake-off and tea.

5) **Fancy Dress.** Pick a theme and dress up for the whole day. From the office, picking the kids up and shopping you will have to stay dressed up. Ask all your close friends and family to sponsor you. The longer you stay dressed up for the more you can aim to raise.



6) **Karaoke night.** Host a karaoke party at your home. Invite all your friends for a fun filled night and see who has that hidden singing voice.

7) **Come Dine With Me.** Invite a number of close friends and family to host a dinner at their house for everyone else. Everyone who joins in can give a donation and rate the dinner out of 10.

8) **Games Night.** Whack out any board games you have – Cluedo, Monopoly, Jenga, Twister, the lot – and host an games night.

9) **Pizza Party.** Buy some pizza bases and lots of toppings, then hold a pizza party where everyone can make and eat their own pizza.

10) **Wine and Cheese Night.** Hold a wine and cheese tasting night after work. You can charge a little more for this than other activities. Also, make sure to cover the cost of buying the wine and cheese! Your family and friends will love this.

